



# DAKOTA GROWERS PASTA CO.

## EGG NOODLES

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>(56g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>220</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 0.5g	<b>3%</b>
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0.5g	
<b>Cholesterol</b> 45mg	<b>15%</b>
<b>Sodium</b> 10mg	<b>0%</b>
<b>Total Carbohydrate</b> 40g	<b>15%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 8g	
Vitamin D 0mcg	<b>0%</b>
Calcium 20mg	<b>2%</b>
Iron 2mg	<b>10%</b>
Potassium 135mg	<b>2%</b>
Thiamin	<b>40%</b>
Riboflavin	<b>25%</b>
Niacin	<b>25%</b>
Folate 241mcg DFE (134mcg folic acid)	<b>60%</b>
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

## INGREDIENTS

Durum Wheat Semolina,  
durum wheat flour, eggs,  
niacin, iron (ferrous sulfate),  
thiamin mononitrate,  
riboflavin, folic acid