



DAKOTA GROWERS PASTA CO.

TRADITIONAL PASTA

Nutrition Facts	
Serving size	(56g)
Amount per serving	
Calories	200
	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 42g	15%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 2mg	10%
Potassium 125mg	2%
Thiamin	40%
Riboflavin	25%
Niacin	25%
Folate 251mcg DFE (142mcg folic acid)	60%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

INGREDIENTS

Durum Wheat Semolina,
niacin, iron (ferrous sulfate),
thiamin mononitrate,
riboflavin, folic acid