



# DAKOTA GROWERS PASTA CO.

## TRI-COLOR (SPINACH, TOMATO, PLAIN) PASTA

<b>Nutrition Facts</b>	
<b>Serving size</b>	<b>(56g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>200</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 1g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 10mg	<b>0%</b>
<b>Total Carbohydrate</b> 42g	<b>15%</b>
Dietary Fiber 3g	<b>11%</b>
Total Sugars 2g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 7g	
Vitamin D 0mcg	<b>0%</b>
Calcium 16mg	<b>2%</b>
Iron 2mg	<b>10%</b>
Potassium 150mg	<b>4%</b>
Thiamin	<b>40%</b>
Riboflavin	<b>25%</b>
Niacin	<b>25%</b>
Folate 274mcg DFE (139mcg folic acid)	<b>70%</b>
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.	
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

### INGREDIENTS

Durum Wheat Semolina, tomato solids, dried spinach, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid.