



# DAKOTA GROWERS PASTA CO.

## WHOLE WHEAT

### Nutrition Facts

Serving size 2 oz (56 g) Dry

Amount per serving

**Calories 180**

% Daily Value\*

Total Fat 1.5g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Polyunsaturated Fat 1g

Monounsaturated Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 40g 15%

Dietary Fiber 6g 21%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 7g

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 2mg 10%

Potassium 240mg 6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredient Declaration** 100% Whole Durum Wheat Flour

**Allergens** Wheat